

ABSTRACT OF THE DISCLOSURE

In a video processing method, plural pieces of digital data such as video and audio data are inputted together with an instruction signal indicating whether the plural pieces of digital data are to be multiplexed or not, and the plural pieces of digital data are multiplexed when the instruction signal instructs to multiplex the digital data, and then the multiplexed digital data are outputted together with a flag indicating whether the digital data are multiplexed or not. Therefore, when video and audio data are not multiplexed or when there is a scene description for handling plural pieces of video data, the video and audio data can be recorded or transmitted in like manner as multiplexed data.